

Cape Wrath Trail Gear List - May 2015

Category	Sub category	Item	Product
Sleeping	Shelter	1 Person Tent	Nordisk Telemar 1 ULW
	Extra	Pegs (x2)	MSR mini Y pegs
	Sleeping bag	Down	PHD Minimus 400
Cooking	Pad	Light air mat	Therm-A-Rest NeoAir
	Stove+Pot	Cooking system	MSR Reactor 1l system
	Mug	Aluminium with lip	Esbit Aluminium Drinking Cup
	Spoon	Titanium	MSR Mountain Bowl
	Fire starting	Titanium Spork	Sea to summit Long Spoon
	Other	Flint	Light My Fire FireSteel Scout 2.0 Fire Starter
	Other	Coffee system	Aeropress + Filters (25)
Pack	Main	Main carry pack	Elemntal Horizon Kalais 60L Bag
	Extra	Fron Pack	Ribz 8L
	Dry bags	Dry bag XL	Thermarest NeoAir Pump
		Dry bag M	Sea to Summit Ultrasil Dry Sack 8L
		Dry bag S (x2)	Sea to Summit Ultrasil Dry Sack 2L
		Dry bag XS (x2)	Sea to Summit Ultrasil Dry Sack 1L
Water	Water treatment	Chimical	Lifesystem Chlorine Dioxide Water Treatment Tablets
		Filter	Sawyer Mini Filter
Light	Water container (total 3L)	Flexible	Platypus Platy Plus Bottle (1L+2L)
		Multi action full lamp	Black Diamond Spot Headlamp
Clothing	Head lamp	Mini Lantern	Alpkit Glowe
	Tent light	Merino hoody	Janus Sportwool Hoodie
	Long shirt	Merino T	Janus Summer T
	Short shirt 1	Merino T	Devold Sport T
	Short shirt 2	Synthetic trousers	Mountain Equipment Ibex Softshell Pants
	Trousers 1	Convertertable trousers	The North Face Horizon Pants
	Trousers 2	Underwear (x2)	UA Original Series 9" Boxerjock Boxer Briefs
	Accessories	Warm hat	Rab Beanie
		Summer hat	Inov 8 Hotpeak 40
		Head net	Sea to Summit Treated Head Net

		Gloves	The North Face Power Stretch Glove Mountain Equipment Super Alpine Glove Summer UV Buff (x2)
	Rain Gear	Neck Gaiter Rain Jacket Rain Pants	Mountain Hardwear Quasar Pullover Mountain Equipment Firelite Pants
	Insulation	Gloves Synthetic Down	Haglofs Gram Shell Mittens Arc'teryx Atom LT Hooded Insulated Jacket Stoic Hardon Cardigan
	Extra Nightwear	Wind shirt Powerstretch tights Extra socks	The North Face Verto Jacket Mountain Equipment Powerstretch Tights SmartWool Mountaineering Heavy Crew Sock
Footwear	Shoes Walking socks Water protection	Trail running shoes Merino socks (x2) Neoprene socks	Inov 8 Roclite 235 Ulvang Training socks Seal Skinz Mid Knee Hiking socks
Basics	Knife Walking Poles	Pocket knife 3 parts poles with shock absorbers	CKRT Pazoda 2 Gabel Explorer Poles
	Book First aid Lighter	On eReader Prepack superlight Electric lighter	Kindle Self made Self preference
Navigation	Compass Watch Map	Plastic compass with a scale Robust sport watch 1:40000	Silva Explorer Compass Casio G-Shock Harvey Tough Maps (North+South)
Hygiene	Tooth brush/paste Floss Deodorant Soap Hand sanitizer TP In water proof bag Wipes Ointments	Mini brush + almost empty paste Tape floss Coal powder Bio Deradeable Medical Hand Gel Half roll toilet in a 1 litre dry bag Travel pack Skin treatment Foot treatment Sun Screen	Self preference Oral-B Satin Tape The Guv'ner by Lush Dr. Bronner's Pure Castile Soap Sea To Summit Hand Snitizer Self preference Huggies 24 wipes Fenistil Gel Joshua Tree Climbers Salve Coppertone SPf 50 sun screen

Other

Small scrubber

Electrics

Other

Lip balm
Cut off dish pad
"Tough" camera
Tripod
eReader
Solar Charger
Chair
Duct tape
Plastic bags
Repair kit

SPF 30+
Self preference
Olympus Tough TG-2
Jolby GorillaPod Classic
Kindle
Powertraveller Explorer
Alite Mayfly Chair - stripped
Self preference
Self preference
With first aid